Dermatology Associates of the Bay Area

Medical, Surgical & Cosmetic Dermatology

FUNGAL AND YEAST INFECTIONS

The body normally hosts a variety of microorganisms including yeast and fungus. Under certain conditions, the microorganisms can multiply causing an overgrowth leading to inflammation, irritation, and disturbance in the normal skin.

Treatment: Topical antifungal medications will be prescribed for localized infection. These are generally applied once to twice a day. For widespread eruptions, oral antifungal medications may be prescribed.

Over the counter powders (i.e. Zeasorb AF powder) are recommended to keep areas dry. The powder should be sprinkled over the medicated cream.

Things you should do for your skin:
- Keep skin clean and dry.
- Wear cotton in affected areas.
- If feet are involved change socks frequently.
- Use lambs wool between toes.
- Aerate skin as much as possible.